



WELCOME

It is the end of our first week back at school. All the children are settling in well



It is great to see our existing pupils after the summer and we would like to welcome the new pupils and families to Pictor. We are sure your time with us at Pictor will be a happy one. Every Friday we will send you the 'yellow pages' via a text link and on the website. **If you'd like a paper copy instead just let the office know.** This weekly update includes useful information, dates and links to services. We try to keep to the minimum the amount of letters that are sent home. You'll find previous 'yellow pages' are kept on the website in case you've missed a date or information. We will send you a 'dates for your diary' for this term in the next week or so to keep on the fridge! We hope you have enjoyed your first few days with us.

Parent Facebook Group

There is a facebook group just for parent/carers to share ideas/ information. This is a closed group so that the general public don't have access. One of our parents is the administrator and you will need to request to join this group. Type '**Pictor's Parents/ carers Group**' into your search box at the top of your facebook page to find us.

Menu

As most of you are aware we have changed suppliers, which is good news as it brings our costs down to £2.30 per meal.

Below is the new menu for this week. We work on a rota so each week we will upload the menu for the upcoming days.

| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|--|--|--|--|--|
| Main Meal | Lasagne with Garlic Bread | Chicken Curry with Rice | Roast Gammon with Roast potatoes & Gravy | Beef Stir fry with Noodles | Fish with Chunky Chips |
| Vegetarian | Veggie Curry with Rice | Country Veg Quiche with mini Jacket Potatoes | Veggie Fillet with Roast potatoes & gravy | Vegetable Paella | Veggie Sausages with Chunky Chips |
| Vegetables | Seasonal Fresh Veg | Seasonal Fresh Veg | Seasonal Fresh Veg | Seasonal Fresh Veg | Seasonal Fresh Veg |
| Jacket Potato | Oven Baked Potato with selection of fillings | Oven Baked Potato with selection of fillings | Oven Baked Potato with selection of fillings | Oven Baked Potato with selection of fillings | Oven Baked Potato with selection of fillings |
| | Salad selection/ Freshly made bread | Salad selection/ Freshly made bread | Salad selection/ Freshly made bread | Salad selection/ Freshly made bread | Salad selection/ Freshly made bread |
| Fresh Fruit | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts |
| Dessert | Apple & Cinnamon crumble & Vanilla Sauce | Pineapple sponge & Custard | Strawberry Mousse | Sticky Toffee pudding & custard | Fruity Flapjack |



Waterside open day

The Waterside's big family open day is back! Saturday 16th September 11am - 4pm

It's a free event with plenty of activities for the whole family.

Dance and drama taster sessions, face painting, circus skills, balloon modelling etc.

Hairdresser

The school hairdresser is due in on Monday 18th September (next week)

If you would like your child to have their haircut please let the office know as soon as possible and they will send a form for you to complete. Haircuts cost £10, please send in with a description of how you would like it cut along with the money in a named envelope.



Pictor Hub breakfast/afterschool Club

There are still places available at these clubs. Before school sessions now start at 7.30 and afterschool sessions finish at 6pm. Please contact Hilary at pictorhub@pictoracademy.org

Alpha Swimming Lessons

1:1 lessons for children
who require additional support in the water.

At Carrington Wed or Thurs evenings.

The alpha 1:1 lessons which are based on a Wednesday and Thursday evening at Manchester United's training ground, Carrington are priced at **£8.25** per lesson but paid for upfront in blocks of 12-13 weeks. The 1:1 lessons the teacher is in the water for 30minutes with the child.

Small group classes

At Stretford Leisure Centre on a Fri evening.

The alpha group lessons are again 30 minutes long and run on a Friday evening between 4-6.30pm. The cost of these lessons is **£5.05** per lesson and as above paid for in advance in blocks of 12 or 13 weeks. The classes have no more than 5 in at one time and volunteers are also in to assist. Please note lessons take place in the small pool and only 1 class takes place in the main pool.

Small group classes

At Partington Leisure Centre on a Thurs evening

The alpha group lessons are again 30 minutes long and run on a Thursday evening from 5.30pm onwards. The cost of these lessons is **£5.05** per lesson and as above paid for in advance in blocks of 12 or 13 weeks.

Deaf friendly small group classes

At Partington Sports Village on a Thurs evening.

The alpha group lessons are again 30 minutes long and run on a Thursday evening between 4-5.30pm. The cost of these lessons is **£5.05** per lesson and as above paid for in advance in blocks of 12 or 13 weeks.

The lessons run for 50weeks of the year with a 2 week break at Christmas.

Our programme follows the ASA Alpha & NPTS Stages.

For Further information on Alpha Disability Swimming Lessons please contact:

Karen Winters on 0161 749 2570 for Carrington & Partington SV
Stephen Darrough on 0161 875 1417 for Stretford LC